

SUNSHINE TRAINING CENTER CURRICULUM PART 2

Training Course Title	Description	Elements
Caring for the Caregivers	This first course would expand on the current content in the national core curriculum of the importance of the caregiver in care coordination/home telehealth (CCHT). It would address caregiver assessment, identifying common caregiver burn-out symptoms, available resources (internally and externally), and therapeutic communication.	<ul style="list-style-type: none"> • The face of the VA caregiver: demographics, roles and social trends impacting caregiving • Caregiver assessment: Process and tools • The stress and strain of caregiving: Effective coping strategies • Technology and caregiving • Ethics and caregiving • Community collaborations and resource linking • Performance measuring for success
Enhancing Patient Education	This second course focuses on process and communication to build effective relationships for patient education. The course will also focus on inter-professional skill sets for delivering effective patient education taking into account cognitive, physical, cultural, social and spiritual personal values.	<ul style="list-style-type: none"> • Health behavior theories and models • Communicating effectively • Effective teaching strategies for age-specific care • Literacy and media development • Technology and patient education • Case studies for success
Promoting Self-Management Skills and Shared Decision Making	This third and final course focuses on the development of self-management skills and shared decision making. It also addresses promotion of healthy living, living with chronic disease and includes the caregiver as an essential team member for self-management at home.	<ul style="list-style-type: none"> • What is self-management? • Patient survival skills: Taking charge and responsibility • Chronic disease: Living and caring • End of life issues and choices • Shared decision making and decisional conflict • Facilitating membership of caregivers on treatment team • Technology and self-management • Patient Privacy & HIPAA